



# Form 37 - Thoughts and Feelings

**File Name**  
f37\_ctos\_inv.dat

<b>Data as of</b> Sep 12, 2005	<b>Population</b> CT+OS	<b>Data Collected</b> Baseline, Main	<b>1 row per</b> Form	<b>Rows</b> 218,571	<b>File Created</b> Aug 29, 2012
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<b>ID</b>	WHI Participant Common ID	<b>Col#1</b>
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<b>F37DAYS</b>	F37 Days since randomization/enrollment	<b>Col#2</b>												
	<table border="0"> <thead> <tr> <th><b>N</b></th> <th><b>Missing</b></th> <th><b>Min</b></th> <th><b>Max</b></th> <th><b>Mean</b></th> <th><b>Std Dev</b></th> </tr> </thead> <tbody> <tr> <td>218,571</td> <td>0</td> <td>-867</td> <td>4178</td> <td>761.301</td> <td>1,365.806</td> </tr> </tbody> </table>	<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>	218,571	0	-867	4178	761.301	1,365.806	
<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>									
218,571	0	-867	4178	761.301	1,365.806									

<b>F37VTYP</b>	Visit Type	<b>Col#3</b>																				
	<table border="0"> <thead> <tr> <th><b>Value</b></th> <th><b>Description</b></th> <th><b>N</b></th> <th><b>%</b></th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Screening</td> <td>161,791</td> <td>74.0</td> </tr> <tr> <td>2</td> <td>Semi-Annual visit</td> <td>28,876</td> <td>13.2</td> </tr> <tr> <td>3</td> <td>Annual visit</td> <td>27,318</td> <td>12.5</td> </tr> <tr> <td>4</td> <td>Non-Routine visit</td> <td>586</td> <td>0.3</td> </tr> </tbody> </table>	<b>Value</b>	<b>Description</b>	<b>N</b>	<b>%</b>	1	Screening	161,791	74.0	2	Semi-Annual visit	28,876	13.2	3	Annual visit	27,318	12.5	4	Non-Routine visit	586	0.3	
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4	Non-Routine visit	586	0.3																			

<b>F37VY</b>	Visit year	<b>Col#4</b>												
	Visit year for which this form was collected.													
	<table border="0"> <thead> <tr> <th><b>N</b></th> <th><b>Missing</b></th> <th><b>Min</b></th> <th><b>Max</b></th> <th><b>Mean</b></th> <th><b>Std Dev</b></th> </tr> </thead> <tbody> <tr> <td>217,985</td> <td>586</td> <td>0</td> <td>12</td> <td>2.223</td> <td>3.819</td> </tr> </tbody> </table>	<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>	217,985	586	0	12	2.223	3.819	
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217,985	586	0	12	2.223	3.819									

<b>F37VCLO</b>	Closest to visit within visit type and year	<b>Col#5</b>												
	For forms entered with the same visit type and year, indicates the one closest to that visit's target date. Valid for forms entered with an annual visit type.													
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<b>Value</b>	<b>Description</b>	<b>N</b>	<b>%</b>											
0	No	586	0.3											
1	Yes	217,985	99.7											

<b>F37EXPC</b>	Expected for visit	<b>Col#6</b>												
	This form/data was expected for this visit. Form 37 (Thoughts and Feelings) was expected at Baseline and Close-out for CT, and at Baseline for OS.													
	<table border="0"> <thead> <tr> <th><b>Value</b></th> <th><b>Description</b></th> <th><b>N</b></th> <th><b>%</b></th> </tr> </thead> <tbody> <tr> <td>0</td> <td>No</td> <td>1,700</td> <td>0.8</td> </tr> <tr> <td>1</td> <td>Yes</td> <td>216,871</td> <td>99.2</td> </tr> </tbody> </table>	<b>Value</b>	<b>Description</b>	<b>N</b>	<b>%</b>	0	No	1,700	0.8	1	Yes	216,871	99.2	
<b>Value</b>	<b>Description</b>	<b>N</b>	<b>%</b>											
0	No	1,700	0.8											
1	Yes	216,871	99.2											

<b>LISTEN</b>	Someone to listen when need to talk	<b>Col#7</b>																												
	People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone you can count on to listen to you when you need to talk.																													
	<table border="0"> <thead> <tr> <th><b>Value</b></th> <th><b>Description</b></th> <th><b>N</b></th> <th><b>%</b></th> </tr> </thead> <tbody> <tr> <td>1</td> <td>None of the time</td> <td>3,242</td> <td>1.5</td> </tr> <tr> <td>2</td> <td>A little of the time</td> <td>12,373</td> <td>5.7</td> </tr> <tr> <td>3</td> <td>Some of the time</td> <td>29,023</td> <td>13.3</td> </tr> <tr> <td>4</td> <td>Most of the time</td> <td>81,428</td> <td>37.3</td> </tr> <tr> <td>5</td> <td>All of the time</td> <td>91,181</td> <td>41.7</td> </tr> <tr> <td></td> <td>Missing</td> <td>1,324</td> <td>0.6</td> </tr> </tbody> </table>	<b>Value</b>	<b>Description</b>	<b>N</b>	<b>%</b>	1	None of the time	3,242	1.5	2	A little of the time	12,373	5.7	3	Some of the time	29,023	13.3	4	Most of the time	81,428	37.3	5	All of the time	91,181	41.7		Missing	1,324	0.6	
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<b>GOODADVC</b>	Someone to give good advice	<b>Col#8</b>
	People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to give you good advice about a problem	



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Value	Description	N	%
1	None of the time	6,402	2.9
2	A little of the time	16,514	7.6
3	Some of the time	39,692	18.2
4	Most of the time	83,731	38.3
5	All of the time	70,488	32.2
	Missing	1,744	0.8

TAKEDR

Someone can take to the doctor

Col#9

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it

Value	Description	N	%
1	None of the time	8,465	3.9
2	A little of the time	10,936	5.0
3	Some of the time	16,380	7.5
4	Most of the time	49,286	22.5
5	All of the time	130,638	59.8
	Missing	2,866	1.3

GOODTIME

Someone to have a good time with

Col#10

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to have a good time with

Value	Description	N	%
1	None of the time	2,835	1.3
2	A little of the time	11,878	5.4
3	Some of the time	37,426	17.1
4	Most of the time	77,477	35.4
5	All of the time	86,815	39.7
	Missing	2,140	1.0

HLPPROB

Someone to help understand a problem

Col#11

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to help you understand a problem when you need it

Value	Description	N	%
1	None of the time	5,210	2.4
2	A little of the time	14,664	6.7
3	Some of the time	35,766	16.4
4	Most of the time	83,728	38.3
5	All of the time	77,201	35.3
	Missing	2,002	0.9



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## HLPCHORS

### Someone to help with daily chores

**Col#12**

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to help with daily chores if you are sick

Value	Description	N	%
1	None of the time	18,155	8.3
2	A little of the time	25,768	11.8
3	Some of the time	35,244	16.1
4	Most of the time	55,055	25.2
5	All of the time	82,549	37.8
	Missing	1,800	0.8

## SHARE

### Someone to share private worries/fears

**Col#13**

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears

Value	Description	N	%
1	None of the time	14,006	6.4
2	A little of the time	22,597	10.3
3	Some of the time	33,168	15.2
4	Most of the time	64,500	29.5
5	All of the time	82,246	37.6
	Missing	2,054	0.9

## FUN

### Someone to do something fun with

**Col#14**

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to do something fun with

Value	Description	N	%
1	None of the time	3,461	1.6
2	A little of the time	14,319	6.6
3	Some of the time	39,934	18.3
4	Most of the time	78,012	35.7
5	All of the time	81,035	37.1
	Missing	1,810	0.8

## LOVE

### Someone to love you/make you feel wanted

**Col#15**

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to love you and make you feel wanted

Value	Description	N	%
1	None of the time	7,570	3.5
2	A little of the time	14,497	6.6
3	Some of the time	25,590	11.7
4	Most of the time	54,199	24.8
5	All of the time	114,535	52.4
	Missing	2,180	1.0



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LIVALN

Live alone

Col#16

Who lives with you? (Mark one oval for each item.) I live alone.

Value	Description	N	%
0	No	135,360	61.9
1	Yes	61,480	28.1
	Missing	21,731	9.9

LIVPRT

Live with husband/partner

Col#17

Who lives with you? (Mark one oval for each item.) I live with my husband or partner.

Value	Description	N	%
0	No	70,484	32.2
1	Yes	130,906	59.9
	Missing	17,181	7.9

LIVCHLD

Live with children

Col#18

Who lives with you? (Mark one oval for each item.) I live with my children.

Value	Description	N	%
0	No	162,768	74.5
1	Yes	24,686	11.3
	Missing	31,117	14.2

LIVSIBL

Live with brother/sister

Col#19

Who lives with you? (Mark one oval for each item.) I live with my brother and/or sister.

Value	Description	N	%
0	No	182,089	83.3
1	Yes	2,462	1.1
	Missing	34,020	15.6

LIVREL

Live with relatives

Col#20

Who lives with you? (Mark one oval for each item.) I live with other relatives.

Value	Description	N	%
0	No	178,453	81.6
1	Yes	6,048	2.8
	Missing	34,070	15.6

LIVFRNDS

Live with friends

Col#21

Who lives with you? (Mark one oval for each item.) I live with friends.

Value	Description	N	%
0	No	181,927	83.2
1	Yes	2,266	1.0
	Missing	34,378	15.7



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LIVOTH

Live with other than listed

Col#22

Who lives with you? (Mark one oval for each item.) Other

Value	Description	N	%
0	No	135,279	61.9
1	Yes	15,159	6.9
	Missing	68,133	31.2

PET

Have a pet

Col#23

Do you have a pet?

Value	Description	N	%
0	No	128,589	58.8
1	Yes	86,875	39.7
	Missing	3,107	1.4

DOG

Dog

Col#24

What kind of pet do you have? (Mark all that apply.) Dog.

Value	Description	N	%
0	No	36,071	16.5
1	Yes	50,595	23.1
	Missing	131,905	60.3

**Usage Notes:**

Sub-question of F37 V6 Q11 "Do you have a pet".

CAT

Cat

Col#25

What kind of pet do you have? (Mark all that apply.) Cat.

Value	Description	N	%
0	No	39,524	18.1
1	Yes	47,142	21.6
	Missing	131,905	60.3

**Usage Notes:**

Sub-question of F37 V6 Q11 "Do you have a pet".

BIRD

Bird

Col#26

What kind of pet do you have? (Mark all that apply.) Bird.

Value	Description	N	%
0	No	80,136	36.7
1	Yes	6,530	3.0
	Missing	131,905	60.3

**Usage Notes:**

Sub-question of F37 V6 Q11 "Do you have a pet".



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FISH

Fish

Col#27

What kind of pet do you have? (Mark all that apply.) Fish.

Value	Description	N	%
0	No	80,295	36.7
1	Yes	6,371	2.9
	Missing	131,905	60.3

**Usage Notes:**

Sub-question of F37 V6 Q11 "Do you have a pet".

OTHPET

Other pet

Col#28

What kind of pet do you have? (Mark all that apply.) Other pet.

Value	Description	N	%
0	No	83,029	38.0
1	Yes	3,637	1.7
	Missing	131,905	60.3

**Usage Notes:**

Sub-question of F37 V6 Q11 "Do you have a pet".

RELGTIME

Times attend religious service/church

Col#29

How often have you gone to a religious service or to church during the past month? (Mark only one oval.)

Value	Description	N	%
1	Not at all in the past month	71,546	32.7
2	Once in the past month	19,288	8.8
3	2 or 3 times in the past month	26,743	12.2
4	Once a week	66,418	30.4
5	2 or 6 times a week	30,788	14.1
6	Every day	2,706	1.2
	Missing	1,082	0.5

RELSTRN

Religion gives strength and comfort

Col#30

How much does religion give you strength and comfort? (Mark one oval.)

Value	Description	N	%
1	None	24,120	11.0
2	A little	50,351	23.0
3	A great deal	143,007	65.4
	Missing	1,093	0.5

CLUB

Attend clubs/lodges/groups last month

Col#31

How often have you gone to meetings of clubs, lodges, or parent groups in the last month? (Mark only one oval.)

Value	Description	N	%
1	Not at all in the past month	90,815	41.5
2	Once in the past month	37,907	17.3
3	2 or 3 times in the past month	49,503	22.6
4	Once a week	18,289	8.4
5	2 or 6 times a week	13,538	6.2
6	Every day	222	0.1
	Missing	8,297	3.8



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HLPSICK

Helping sick family/friend

Col#32

Are you now helping at least one sick, limited, or frail family member or friend on a regular basis?

Value	Description	N	%
0	No	130,349	59.6
1	Yes	86,166	39.4
	Missing	2,056	0.9

HLPSICKT

Times helped sick family/friend

Col#33

In the past 4 weeks, how often have you helped this friend or family member?

Value	Description	N	%
1	Less than once a week	19,646	9.0
2	1-2 times a week	32,386	14.8
3	3-4 times a week	12,154	5.6
4	5 or more times a week	21,693	9.9
	Missing	132,692	60.7

**Usage Notes:**

Sub-question of F37 V6 Q15 "Helping sick friend".

NERVES

Number of people who get on nerves

Col#34

Of the people who are important to you, how many... Get on your nerves?

Value	Description	N	%
1	None	86,401	39.5
2	One	54,981	25.2
3	Some	71,031	32.5
4	Most	2,789	1.3
5	All	1,578	0.7
	Missing	1,791	0.8

TOOMUCH

Number of people who ask too much

Col#35

Of the people who are important to you, how many... Ask too much of you?

Value	Description	N	%
1	None	139,968	64.0
2	One	34,747	15.9
3	Some	35,471	16.2
4	Most	4,644	2.1
5	All	1,420	0.6
	Missing	2,321	1.1

EXCLUDE

Number of people who exclude you

Col#36

Of the people who are important to you, how many... Do not include you?

Value	Description	N	%
1	None	156,689	71.7
2	One	21,126	9.7
3	Some	30,811	14.1
4	Most	3,463	1.6
5	All	1,589	0.7
	Missing	4,893	2.2

COERCE

Number of people who try to coerce

Col#37



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Of the people who are important to you, how many... Try to get you to do things you don't want to?

Value	Description	N	%
1	None	144,285	66.0
2	One	40,325	18.4
3	Some	28,771	13.2
4	Most	1,997	0.9
5	All	841	0.4
	Missing	2,352	1.1

EXPTBST

Usually expect the best

Col#38

In unclear times, I usually expect the best.

Value	Description	N	%
1	Strongly disagree	2,900	1.3
2	Disagree	17,222	7.9
3	Neutral (In-between)	79,354	36.3
4	Agree	96,276	44.0
5	Strongly agree	19,749	9.0
	Missing	3,070	1.4

WRONG

Expect something that can will go wrong

Col#39

If something can go wrong for me, it will.

Value	Description	N	%
1	Strongly disagree	42,039	19.2
2	Disagree	101,386	46.4
3	Neutral (In-between)	51,467	23.5
4	Agree	18,272	8.4
5	Strongly agree	2,471	1.1
	Missing	2,936	1.3

HOPEFUL

Always hopeful about future

Col#40

I'm always hopeful about my future.

Value	Description	N	%
1	Strongly disagree	2,140	1.0
2	Disagree	7,282	3.3
3	Neutral (In-between)	31,537	14.4
4	Agree	119,451	54.7
5	Strongly agree	56,079	25.7
	Missing	2,082	1.0

NOTMYWAY

Hardly ever expect things to go my way

Col#41

I hardly ever expect things to go my way.

Value	Description	N	%
1	Strongly disagree	55,261	25.3
2	Disagree	108,167	49.5
3	Neutral (In-between)	39,784	18.2
4	Agree	11,334	5.2
5	Strongly agree	2,119	1.0
	Missing	1,906	0.9

COUNTGD

Rarely count on good things happening

Col#42





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I rarely count on good things happening to me.

Value	Description	N	%
1	Strongly disagree	68,294	31.2
2	Disagree	102,217	46.8
3	Neutral (In-between)	29,052	13.3
4	Agree	13,268	6.1
5	Strongly agree	3,792	1.7
	Missing	1,948	0.9

**MOREGOOD**

Expect more good things than bad

**Col#43**

Overall, I expect more good things to happen to me than bad.

Value	Description	N	%
1	Strongly disagree	4,356	2.0
2	Disagree	7,665	3.5
3	Neutral (In-between)	20,718	9.5
4	Agree	123,085	56.3
5	Strongly agree	61,147	28.0
	Missing	1,600	0.7

**KNWANGRY**

Usually people around know when angry

**Col#44**

When I am angry, people around me usually know.

Value	Description	N	%
1	Strongly disagree	6,648	3.0
2	Disagree	34,019	15.6
3	Neutral (In-between)	50,907	23.3
4	Agree	104,471	47.8
5	Strongly agree	20,717	9.5
	Missing	1,809	0.8

**TELLFEEL**

Tell from facial expressions how feeling

**Col#45**

People can tell from my facial expressions how I am feeling.

Value	Description	N	%
1	Strongly disagree	4,777	2.2
2	Disagree	28,405	13.0
3	Neutral (In-between)	56,920	26.0
4	Agree	106,864	48.9
5	Strongly agree	19,973	9.1
	Missing	1,632	0.7

**DISAPPNT**

Express disappointment

**Col#46**

I always express disappointment when things don't go as I'd like them to.

Value	Description	N	%
1	Strongly disagree	14,363	6.6
2	Disagree	90,832	41.6
3	Neutral (In-between)	71,288	32.6
4	Agree	36,615	16.8
5	Strongly agree	3,755	1.7
	Missing	1,718	0.8

**SCENEPUB**

If angered, cause scene in public place

**Col#47**



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If someone makes me angry in a public place, I will "cause a scene."

Value	Description	N	%
1	Strongly disagree	115,220	52.7
2	Disagree	80,482	36.8
3	Neutral (In-between)	16,459	7.5
4	Agree	2,855	1.3
5	Strongly agree	1,875	0.9
	Missing	1,680	0.8

**BOTHER**

After anger bothered for a long time

**Col#48**

After I express anger at someone, it bothers me for a long time.

Value	Description	N	%
1	Strongly disagree	12,246	5.6
2	Disagree	52,392	24.0
3	Neutral (In-between)	58,597	26.8
4	Agree	79,862	36.5
5	Strongly agree	13,834	6.3
	Missing	1,640	0.8

**SUPPRESS**

Usually suppress anger

**Col#49**

I try to suppress my anger, but I would like other people to know how I feel.

Value	Description	N	%
1	Strongly disagree	6,864	3.1
2	Disagree	34,810	15.9
3	Neutral (In-between)	59,188	27.1
4	Agree	108,018	49.4
5	Strongly agree	7,983	3.7
	Missing	1,708	0.8

**APPRVNEG**

Fear others will not approve if negative

**Col#50**

I worry that if I express negative emotions such as fear and anger, other people will not approve of me.

Value	Description	N	%
1	Strongly disagree	32,905	15.1
2	Disagree	99,675	45.6
3	Neutral (In-between)	45,819	21.0
4	Agree	33,363	15.3
5	Strongly agree	4,994	2.3
	Missing	1,815	0.8

**ORDERS**

Take orders from someone who knew less

**Col#51**

I have often had to take orders from someone who did not know as much as I did.

Value	Description	N	%
0	False	141,546	64.8
1	True	75,532	34.6
	Missing	1,493	0.7



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## BADLUCK

Think people make bad luck for sympathy

Col#52

I think a great many people make a lot of their bad luck in order to gain the sympathy and help of others.

Value	Description	N	%
0	False	135,566	62.0
1	True	81,244	37.2
	Missing	1,761	0.8

## TRUTH

Argue to convince people of truth

Col#53

It takes a lot of argument to convince most people of the truth.

Value	Description	N	%
0	False	161,752	74.0
1	True	54,334	24.9
	Missing	2,485	1.1

## LIE

Most people would lie to get ahead

Col#54

I think most people would lie to get ahead.

Value	Description	N	%
0	False	166,723	76.3
1	True	49,857	22.8
	Missing	1,991	0.9

## HONEST

Most people are honest due to fear

Col#55

Most people are honest mainly through fear of being caught.

Value	Description	N	%
0	False	152,709	69.9
1	True	63,737	29.2
	Missing	2,125	1.0

## UNFAIR

Most people are unfair to gain profit

Col#56

Most people will use somewhat unfair means to gain profit or an advantage rather than to lose it

Value	Description	N	%
0	False	148,179	67.8
1	True	67,735	31.0
	Missing	2,657	1.2

## NOCARE

No one cares what happens to you

Col#57

No one cares much what happens to you.

Value	Description	N	%
0	False	199,982	91.5
1	True	16,848	7.7
	Missing	1,741	0.8



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TRUSTNO

Safer to trust nobody

Col#58

It is safer to trust nobody.

Value	Description	N	%
0	False	194,689	89.1
1	True	21,865	10.0
	Missing	2,017	0.9

FRNDSUSE

Make friends because friends are useful

Col#59

Most people make friends because friends are likely to be useful to them.

Value	Description	N	%
0	False	190,503	87.2
1	True	26,091	11.9
	Missing	1,977	0.9

NOHELP

People inwardly don't like to help

Col#60

Most people inwardly do not like putting themselves out to help other people.

Value	Description	N	%
0	False	176,627	80.8
1	True	39,800	18.2
	Missing	2,144	1.0

EXPERTS

Experts often no better than I

Col#61

I have often met people who were supposed to be experts who were no better than I.

Value	Description	N	%
0	False	107,673	49.3
1	True	108,541	49.7
	Missing	2,357	1.1

RESPECT

People demand more respect than give

Col#62

People often demand more respect for their own rights than they are willing to allow for others.

Value	Description	N	%
0	False	92,240	42.2
1	True	124,087	56.8
	Missing	2,244	1.0

BADSEX

People guilty of bad sexual behavior

Col#63

A large number of people are guilty of bad sexual behavior.

Value	Description	N	%
0	False	149,526	68.4
1	True	64,597	29.6
	Missing	4,448	2.0



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## LIFEQUAL

### Rate quality of life

Col#64

Overall, how you would rate your quality of life? (Mark one oval in the box below.)

Value	Description	N	%
0	Worst	108	0.0
1	1	120	0.1
2	2	349	0.2
3	3	955	0.4
4	4	1,706	0.8
5	Halfway	14,199	6.5
6	6	7,521	3.4
7	7	23,572	10.8
8	8	67,090	30.7
9	9	57,099	26.1
10	Best	44,088	20.2
	Missing	1,764	0.8

## SATLIFE

### Satisfied with quality of life

Col#65

How satisfied are you with your current quality of life? (Mark one oval in the box below.)

Value	Description	N	%
0	Dissatisfied	1,065	0.5
1	1	786	0.4
2	2	1,593	0.7
3	3	3,178	1.5
4	4	4,078	1.9
5	Halfway	17,348	7.9
6	6	9,325	4.3
7	7	21,267	9.7
8	8	50,600	23.2
9	9	50,056	22.9
10	Satisfied	57,538	26.3
	Missing	1,737	0.8

## WELBEING

### Rate current sense of well-being

Col#66

How would you rate your current sense of well-being? (Mark one oval in the box below.)

Value	Description	N	%
0	Worst	40	0.0
1	1	77	0.0
2	2	223	0.1
3	3	574	0.3
4	4	925	0.4
5	Halfway	4,204	1.9
6	6	2,511	1.1
7	7	5,953	2.7
8	8	14,538	6.7
9	9	15,875	7.3
10	Best	10,583	4.8
	Missing	163,068	74.6

**Usage Notes:**

Not collected on all versions of Form 37.

## GENHEL

### In general, health is

Col#67



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In general, would you say your health is (Mark one oval.)

Value	Description	N	%
1	Excellent	33,582	15.4
2	Very good	87,118	39.9
3	Good	74,244	34.0
4	Fair	20,053	9.2
5	Poor	1,982	0.9
	Missing	1,592	0.7

HLTHC1Y

Compare health to 1 year ago

Col#68

Compared to one year ago, how would you rate your health in general now? (Mark one oval.)

Value	Description	N	%
1	Much better now than 1 year ago	18,233	8.3
2	Somewhat better now than 1 year ago	26,903	12.3
3	About the same time	142,090	65.0
4	Somewhat worse now than 1 year ago	27,884	12.8
5	Much worse than 1 year ago	1,976	0.9
	Missing	1,485	0.7

VIGACT

Vigorous activities

Col#69

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Vigorous activities, such as running, lifting heavy objects, or strenuous sports

Value	Description	N	%
1	Yes, limited a lot	76,231	34.9
2	Yes, limited a little	97,166	44.5
3	No, not limited at all	43,299	19.8
	Missing	1,875	0.9

MODACT

Moderate activities

Col#70

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Moderate activities, such as moving a table, vacuuming, bowling, or golfing

Value	Description	N	%
1	Yes, limited a lot	16,727	7.7
2	Yes, limited a little	57,913	26.5
3	No, not limited at all	142,276	65.1
	Missing	1,655	0.8

LIFTGROC

Lifting or carrying groceries

Col#71

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Lifting or carrying groceries

Value	Description	N	%
1	Yes, limited a lot	9,401	4.3
2	Yes, limited a little	45,414	20.8
3	No, not limited at all	161,401	73.8
	Missing	2,355	1.1

STAIRS

Climbing several flights

Col#72

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Climbing several flights of stairs



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Value	Description	N	%
1	Yes, limited a lot	28,662	13.1
2	Yes, limited a little	73,345	33.6
3	No, not limited at all	114,893	52.6
	Missing	1,671	0.8

**STAIR** Climbing one flight of stairs **Col#73**

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Climbing one flight of stairs

Value	Description	N	%
1	Yes, limited a lot	8,360	3.8
2	Yes, limited a little	33,983	15.5
3	No, not limited at all	174,322	79.8
	Missing	1,906	0.9

**BENDING** Bending, kneeling, stooping **Col#74**

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Bending, kneeling, stooping

Value	Description	N	%
1	Yes, limited a lot	23,252	10.6
2	Yes, limited a little	81,667	37.4
3	No, not limited at all	111,986	51.2
	Missing	1,666	0.8

**WALK1M** Walking more than one mile **Col#75**

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking more than a mile

Value	Description	N	%
1	Yes, limited a lot	30,081	13.8
2	Yes, limited a little	49,999	22.9
3	No, not limited at all	136,609	62.5
	Missing	1,882	0.9

**WALKBLKS** Walking several blocks **Col#76**

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking several blocks

Value	Description	N	%
1	Yes, limited a lot	17,378	8.0
2	Yes, limited a little	32,620	14.9
3	No, not limited at all	166,794	76.3
	Missing	1,779	0.8



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## WALK1BLK

### Walking one block

Col#77

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking one block

Value	Description	N	%
1	Yes, limited a lot	5,833	2.7
2	Yes, limited a little	17,352	7.9
3	No, not limited at all	193,300	88.4
	Missing	2,086	1.0

## BATHING

### Bathing or dressing yourself

Col#78

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Bathing or dressing yourself

Value	Description	N	%
1	Yes, limited a lot	1,711	0.8
2	Yes, limited a little	7,427	3.4
3	No, not limited at all	207,671	95.0
	Missing	1,762	0.8

## INTSOC

### Phys or emotional probs interfere

Col#79

During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, neighbors, friends or groups? (Mark one oval.)

Value	Description	N	%
1	Not at all	157,279	72.0
2	Slightly	33,623	15.4
3	Moderately	15,562	7.1
4	Quite a bit	8,355	3.8
5	Extremely	2,148	1.0
	Missing	1,604	0.7

## BODPAIN

### How much body pain

Col#80

During the past four weeks, how much bodily pain have you had? (Mark one oval.)

Value	Description	N	%
0	None	43,833	20.1
2	Very mild	78,655	36.0
3	Mild	46,433	21.2
4	Moderate	39,989	18.3
5	Severe	8,132	3.7
	Missing	1,529	0.7

## PAININT

### How much did pain interfere

Col#81

During the past four weeks, how much did pain interfere with your normal work (both outside your home and at home)? (Mark one oval.)

Value	Description	N	%
1	Not at all	124,766	57.1
2	A little bit	52,620	24.1
3	Moderately	24,266	11.1
4	Quite a bit	12,423	5.7
5	Extremely	3,020	1.4
	Missing	1,476	0.7





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LESSWRKP

Phys/cut down on time spent

Col#82

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You cut down on the amount of time you spent on work or other activities

Value	Description	N	%
0	No	175,678	80.4
1	Yes	41,327	18.9
	Missing	1,566	0.7

LESSACCP

Phys/Accomplished less

Col#83

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You accomplished less than you would have liked

Value	Description	N	%
0	No	125,967	57.6
1	Yes	90,913	41.6
	Missing	1,691	0.8

LESSKNDP

Phys/limited kind of work

Col#84

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You were limited in the kind of work or other activities you did

Value	Description	N	%
0	No	156,167	71.4
1	Yes	60,407	27.6
	Missing	1,997	0.9

WRKDIFFP

Phys/difficulty perform work

Col#85

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You had difficulty performing work or other activities (it took extra effort)

Value	Description	N	%
0	No	153,317	70.1
1	Yes	63,317	29.0
	Missing	1,937	0.9

LESSWRKE

Emot/cut down on time spent

Col#86

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You cut down on the amount of time spent on work or other activities

Value	Description	N	%
0	No	189,035	86.5
1	Yes	27,758	12.7
	Missing	1,778	0.8

LESSACCE

Emot/Accomplished less

Col#87

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You accomplished less than you would have liked

Value	Description	N	%
0	No	159,405	72.9
1	Yes	57,342	26.2
	Missing	1,824	0.8



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LESSCARE

Emot/Worked less carefully

Col#88

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You did work or other things less carefully than usual.

Value	Description	N	%
0	No	190,169	87.0
1	Yes	26,321	12.0
	Missing	2,081	1.0

SICKEASY

I get sick easier

Col#89

Of these statements, how true or false is each for you? I seem to get sick a little easier than other people.

Value	Description	N	%
1	Definitely true	1,989	0.9
2	Mostly true	6,182	2.8
3	Not sure	18,039	8.3
4	Mostly false	53,607	24.5
5	Definitely false	137,105	62.7
	Missing	1,649	0.8

HLTHYANY

I am as healthy as anybody

Col#90

Of these statements, how true or false is each for you? I am as healthy as anybody I know.

Value	Description	N	%
1	Definitely true	74,188	33.9
2	Mostly true	89,362	40.9
3	Not sure	28,401	13.0
4	Mostly false	14,430	6.6
5	Definitely false	10,514	4.8
	Missing	1,676	0.8

HLTHWORS

I expect health to get worse

Col#91

Of these statements, how true or false is each for you? I expect my health to get worse.

Value	Description	N	%
1	Definitely true	4,363	2.0
2	Mostly true	20,876	9.6
3	Not sure	64,476	29.5
4	Mostly false	57,948	26.5
5	Definitely false	68,957	31.5
	Missing	1,951	0.9

HLTHEXCL

My health is excellent

Col#92

Of these statements, how true or false is each for you? My health is excellent.

Value	Description	N	%
1	Definitely true	53,637	24.5
2	Mostly true	109,587	50.1
3	Not sure	23,718	10.9
4	Mostly false	18,283	8.4
5	Definitely false	11,589	5.3
	Missing	1,757	0.8

INTSOC2

Physical or emotional problem

Col#93



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During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends and relatives)?

Value	Description	N	%
1	All of the time	1,992	0.9
2	Most of the time	4,952	2.3
3	Some of the time	21,321	9.8
4	A little bit of the time	34,582	15.8
5	None of the time	154,199	70.5
	Missing	1,525	0.7

## FULLPEP

### Did you feel full of pep

**Col#94**

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Did you feel full of pep?

Value	Description	N	%
1	All of the time	6,765	3.1
2	Most of the time	75,731	34.6
3	A good bit of the time	54,991	25.2
4	Some of the time	49,022	22.4
5	A little bit of the time	21,533	9.9
6	None of the time	8,799	4.0
	Missing	1,730	0.8

## NERVOUS

### Have you been a very nervous person

**Col#95**

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Have you been a very nervous person?

Value	Description	N	%
1	All of the time	1,221	0.6
2	Most of the time	3,921	1.8
3	A good bit of the time	8,167	3.7
4	Some of the time	30,616	14.0
5	A little bit of the time	74,570	34.1
6	None of the time	98,517	45.1
	Missing	1,559	0.7

## DWNDUMPS

### Felt down in dumps

**Col#96**

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Have you felt so down in the dumps that nothing could cheer you up?

Value	Description	N	%
1	All of the time	473	0.2
2	Most of the time	1,306	0.6
3	A good bit of the time	3,563	1.6
4	Some of the time	15,005	6.9
5	A little bit of the time	38,675	17.7
6	None of the time	157,844	72.2
	Missing	1,705	0.8



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**CALM**                      Felt calm and peaceful                      **Col#97**

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Have you felt calm and peaceful?

Value	Description	N	%
1	All of the time	12,202	5.6
2	Most of the time	104,767	47.9
3	A good bit of the time	48,372	22.1
4	Some of the time	35,230	16.1
5	A little bit of the time	12,719	5.8
6	None of the time	3,259	1.5
	Missing	2,022	0.9

**ENERGY**                      Had lots of energy                      **Col#98**

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Did you have a lot of energy?

Value	Description	N	%
1	All of the time	9,776	4.5
2	Most of the time	73,807	33.8
3	A good bit of the time	48,544	22.2
4	Some of the time	47,453	21.7
5	A little bit of the time	25,159	11.5
6	None of the time	11,924	5.5
	Missing	1,908	0.9

**FELTBLEUE**                      Felt downhearted and blue                      **Col#99**

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Have you felt downhearted and blue?

Value	Description	N	%
1	All of the time	668	0.3
2	Most of the time	2,515	1.2
3	A good bit of the time	6,719	3.1
4	Some of the time	31,586	14.5
5	A little bit of the time	85,565	39.1
6	None of the time	89,619	41.0
	Missing	1,899	0.9

**WORNOUT**                      Did you feel worn out                      **Col#100**

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Did you feel worn out?

Value	Description	N	%
1	All of the time	2,009	0.9
2	Most of the time	7,735	3.5
3	A good bit of the time	16,415	7.5
4	Some of the time	58,629	26.8
5	A little bit of the time	91,340	41.8
6	None of the time	40,371	18.5
	Missing	2,072	0.9

**HAPPY**                      Have you been happy                      **Col#101**



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These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Have you been happy?

Value	Description	N	%
1	All of the time	22,774	10.4
2	Most of the time	124,293	56.9
3	A good bit of the time	34,190	15.6
4	Some of the time	25,288	11.6
5	A little bit of the time	8,338	3.8
6	None of the time	2,165	1.0
	Missing	1,523	0.7

**TIRED** Did you feel tired **Col#102**

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Did you feel tired?

Value	Description	N	%
1	All of the time	4,090	1.9
2	Most of the time	12,851	5.9
3	A good bit of the time	24,035	11.0
4	Some of the time	79,280	36.3
5	A little bit of the time	85,401	39.1
6	None of the time	11,400	5.2
	Missing	1,514	0.7

**EAT** Can you eat **Col#103**

Value	Description	N	%
1	Without help (can feed self completely)	204,350	93.5
2	With some help (help cutting, etc.)	450	0.2
3	Completely unable to feed self	1,015	0.5
	Missing	12,756	5.8

**DRESS** Can you dress and undress self **Col#104**

Value	Description	N	%
1	Without help (can pick clothes, dress)	204,416	93.5
2	With some help	967	0.4
3	Unable to dress and undress self	420	0.2
	Missing	12,768	5.8

**INOUTBED** Can you get in and out of bed **Col#105**

Value	Description	N	%
1	Without any help or aids	204,681	93.6
2	With some help (from a person or device)	1,001	0.5
3	Totally dependent to person to lift self	127	0.1
	Missing	12,762	5.8

**SHOWER** Can you take a bath or shower **Col#106**

Value	Description	N	%
1	Without help	203,010	92.9
2	With some help (help in/out, tub attach)	2,565	1.2
3	Completely unable to bathe self	225	0.1
	Missing	12,771	5.8

**BLOATING** Bloating or gas **Col#107**



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Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Bloating or gas

Value	Description	N	%
0	Symptom did not occur	72,647	33.2
1	Symptom was mild	104,954	48.0
2	Symptom was moderate	31,763	14.5
3	Symptom was severe	5,487	2.5
	Missing	3,720	1.7

CONSTIP

Constipation

Col#108

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Constipation (difficulty having bowel movements)

Value	Description	N	%
0	Symptom did not occur	137,470	62.9
1	Symptom was mild	57,729	26.4
2	Symptom was moderate	17,380	8.0
3	Symptom was severe	4,146	1.9
	Missing	1,846	0.8

NIGHTSWT

Night sweats

Col#109

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Night sweats

Value	Description	N	%
0	Symptom did not occur	158,796	72.7
1	Symptom was mild	41,492	19.0
2	Symptom was moderate	13,005	6.0
3	Symptom was severe	2,909	1.3
	Missing	2,369	1.1

ACHES

General aches and pains

Col#110

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. General aches or pains

Value	Description	N	%
0	Symptom did not occur	41,238	18.9
1	Symptom was mild	117,616	53.8
2	Symptom was moderate	48,608	22.2
3	Symptom was severe	8,928	4.1
	Missing	2,181	1.0

BRSTTEN

Breast tenderness

Col#111

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Breast tenderness

Value	Description	N	%
0	Symptom did not occur	178,100	81.5
1	Symptom was mild	31,887	14.6
2	Symptom was moderate	5,897	2.7
3	Symptom was severe	928	0.4
	Missing	1,759	0.8



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## HOTFLASH

### Hot flashes

**Col#112**

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Hot flashes

Value	Description	N	%
0	Symptom did not occur	164,115	75.1
1	Symptom was mild	37,613	17.2
2	Symptom was moderate	12,040	5.5
3	Symptom was severe	3,101	1.4
	Missing	1,702	0.8

## DIARRHEA

### Diarrhea

**Col#113**

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Diarrhea

Value	Description	N	%
0	Symptom did not occur	163,521	74.8
1	Symptom was mild	40,520	18.5
2	Symptom was moderate	9,897	4.5
3	Symptom was severe	2,867	1.3
	Missing	1,766	0.8

## MOODSWNG

### Mood swings

**Col#114**

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Mood swings

Value	Description	N	%
0	Symptom did not occur	141,002	64.5
1	Symptom was mild	62,093	28.4
2	Symptom was moderate	12,169	5.6
3	Symptom was severe	1,335	0.6
	Missing	1,972	0.9

## NAUSEA

### Nausea

**Col#115**

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Nausea

Value	Description	N	%
0	Symptom did not occur	191,778	87.7
1	Symptom was mild	20,466	9.4
2	Symptom was moderate	3,429	1.6
3	Symptom was severe	1,093	0.5
	Missing	1,805	0.8







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## HEARTRAC

### Heart racing or skipping beats

Col#120

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you... Be sure to mark one box on each line. Heart racing or skipping beats

Value	Description	N	%
0	Symptom did not occur	169,865	77.7
1	Symptom was mild	37,552	17.2
2	Symptom was moderate	7,926	3.6
3	Symptom was severe	1,335	0.6
	Missing	1,893	0.9

## TREMORS

### Tremors

Col#121

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Tremors (shakes)

Value	Description	N	%
0	Symptom did not occur	201,363	92.1
1	Symptom was mild	11,788	5.4
2	Symptom was moderate	2,854	1.3
3	Symptom was severe	650	0.3
	Missing	1,916	0.9

## HEARTBRN

### Heartburn

Col#122

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Heartburn

Value	Description	N	%
0	Symptom did not occur	138,197	63.2
1	Symptom was mild	57,681	26.4
2	Symptom was moderate	16,502	7.5
3	Symptom was severe	4,177	1.9
	Missing	2,014	0.9

## RESTLESS

### Restless and fidgety

Col#123

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Restless or fidgety

Value	Description	N	%
0	Symptom did not occur	140,791	64.4
1	Symptom was mild	61,674	28.2
2	Symptom was moderate	12,246	5.6
3	Symptom was severe	1,530	0.7
	Missing	2,330	1.1



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## LOWBACKP

### Low back pain

Col#124

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Low back pain

Value	Description	N	%
0	Symptom did not occur	94,264	43.1
1	Symptom was mild	74,522	34.1
2	Symptom was moderate	35,485	16.2
3	Symptom was severe	12,430	5.7
	Missing	1,870	0.9

## NECKPAIN

### Neck pain

Col#125

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Neck pain

Value	Description	N	%
0	Symptom did not occur	122,335	56.0
1	Symptom was mild	62,413	28.6
2	Symptom was moderate	25,151	11.5
3	Symptom was severe	6,543	3.0
	Missing	2,129	1.0

## SKINDRY

### Skin dryness or scaling

Col#126

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Skin dryness or scaling

Value	Description	N	%
0	Symptom did not occur	95,987	43.9
1	Symptom was mild	86,018	39.4
2	Symptom was moderate	27,997	12.8
3	Symptom was severe	6,995	3.2
	Missing	1,574	0.7

## HEADACHE

### Headaches or migraines

Col#127

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Headaches or migraines

Value	Description	N	%
0	Symptom did not occur	124,250	56.8
1	Symptom was mild	71,106	32.5
2	Symptom was moderate	17,232	7.9
3	Symptom was severe	4,336	2.0
	Missing	1,647	0.8



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## CLUMSY

### Clumsiness

Col#128

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Clumsiness

Value	Description	N	%
0	Symptom did not occur	155,492	71.1
1	Symptom was mild	52,462	24.0
2	Symptom was moderate	7,278	3.3
3	Symptom was severe	735	0.3
	Missing	2,604	1.2

## TRBSEE

### Trouble with vision

Col#129

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Any trouble seeing that is uncorrected by lenses

Value	Description	N	%
0	Symptom did not occur	172,562	79.0
1	Symptom was mild	31,145	14.2
2	Symptom was moderate	9,485	4.3
3	Symptom was severe	2,620	1.2
	Missing	2,759	1.3

## VAGITCH

### Vaginal or genital irritation

Col#130

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital irritation or itching

Value	Description	N	%
0	Symptom did not occur	175,846	80.5
1	Symptom was mild	32,759	15.0
2	Symptom was moderate	6,398	2.9
3	Symptom was severe	1,655	0.8
	Missing	1,913	0.9

## CONCEN

### Difficulty concentrating

Col#131

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Difficulty concentrating

Value	Description	N	%
0	Symptom did not occur	143,878	65.8
1	Symptom was mild	61,285	28.0
2	Symptom was moderate	9,567	4.4
3	Symptom was severe	1,474	0.7
	Missing	2,367	1.1



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## JNTPAIN

### Joint pain or stiffness

Col#132

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you... Be sure to mark one box on each line. Joint pain or stiffness

Value	Description	N	%
0	Symptom did not occur	55,941	25.6
1	Symptom was mild	100,155	45.8
2	Symptom was moderate	46,277	21.2
3	Symptom was severe	14,358	6.6
	Missing	1,840	0.8

## NOHUNGER

### Decreased appetite

Col#133

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Decreased appetite

Value	Description	N	%
0	Symptom did not occur	197,007	90.1
1	Symptom was mild	15,588	7.1
2	Symptom was moderate	3,139	1.4
3	Symptom was severe	705	0.3
	Missing	2,132	1.0

## HEARLOSS

### Hearing loss

Col#134

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Hearing loss

Value	Description	N	%
0	Symptom did not occur	164,669	75.3
1	Symptom was mild	37,875	17.3
2	Symptom was moderate	10,983	5.0
3	Symptom was severe	2,818	1.3
	Missing	2,226	1.0

## SWELLHND

### Swelling of hands or feet

Col#135

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Swelling of hands or feet

Value	Description	N	%
0	Symptom did not occur	146,591	67.1
1	Symptom was mild	53,264	24.4
2	Symptom was moderate	13,614	6.2
3	Symptom was severe	3,025	1.4
	Missing	2,077	1.0



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## VAGDRY

### Vaginal or genital dryness

Col#136

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital dryness

Value	Description	N	%
0	Symptom did not occur	157,826	72.2
1	Symptom was mild	42,218	19.3
2	Symptom was moderate	12,697	5.8
3	Symptom was severe	3,670	1.7
	Missing	2,160	1.0

## UPSTOM

### Upset stomach or belly pain

Col#137

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Upset stomach or belly pain or discomfort

Value	Description	N	%
0	Symptom did not occur	149,845	68.6
1	Symptom was mild	50,928	23.3
2	Symptom was moderate	12,516	5.7
3	Symptom was severe	3,135	1.4
	Missing	2,147	1.0

## URINPAIN

### Pain/burning while urinating

Col#138

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Pain or burning while urinating

Value	Description	N	%
0	Symptom did not occur	204,416	93.5
1	Symptom was mild	9,369	4.3
2	Symptom was moderate	2,131	1.0
3	Symptom was severe	772	0.4
	Missing	1,883	0.9

## COUGH

### Coughing or wheezing

Col#139

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Cough or wheezing

Value	Description	N	%
0	Symptom did not occur	146,262	66.9
1	Symptom was mild	50,802	23.2
2	Symptom was moderate	15,273	7.0
3	Symptom was severe	4,201	1.9
	Missing	2,033	0.9



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## VAGDIS

### Vaginal or genital discharge

Col#140

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital discharge

Value	Description	N	%
0	Symptom did not occur	194,260	88.9
1	Symptom was mild	19,812	9.1
2	Symptom was moderate	2,291	1.0
3	Symptom was severe	383	0.2
	Missing	1,825	0.8

## ANXIOUS

### Feeling nervous, anxious, on edge

Col#141

During the last 4 weeks, how often have you been bothered by any of the following problems? Feeling nervous, anxious, on edge, or worrying a lot about different things

Value	Description	N	%
0	Not at all	30,348	13.9
1	Several days	21,905	10.0
2	More than half the days	3,219	1.5
	Missing	163,099	74.6

**Usage Notes:**  
Not collected on all versions of Form 37.

## RESTLSIT

### Feeling restless so hard to sit still

Col#142

During the last 4 weeks, how often have you been bothered by any of the following problems? Feeling restless so that it is hard to sit still

Value	Description	N	%
0	Not at all	45,736	20.9
1	Several days	8,878	4.1
2	More than half the days	952	0.4
	Missing	163,005	74.6

**Usage Notes:**  
Not collected on all versions of Form 37.

## TIREEASY

### Getting tired very easily

Col#143

During the last 4 weeks, how often have you been bothered by any of the following problems? Getting tired very easily

Value	Description	N	%
0	Not at all	26,675	12.2
1	Several days	22,412	10.3
2	More than half the days	6,258	2.9
	Missing	163,226	74.7

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MSCLACHE

Muscle tension aches or soreness

Col#144

During the last 4 weeks, how often have you been bothered by any of the following problems?  
Muscle tension aches or soreness

Value	Description	N	%
0	Not at all	24,967	11.4
1	Several days	24,405	11.2
2	More than half the days	6,024	2.8
	Missing	163,175	74.7

**Usage Notes:**

Not collected on all versions of Form 37.

STAYSLP

Trouble falling asleep or staying asleep

Col#145

During the last 4 weeks, how often have you been bothered by any of the following problems?  
Trouble falling asleep or staying asleep

Value	Description	N	%
0	Not at all	25,169	11.5
1	Several days	22,443	10.3
2	More than half the days	7,846	3.6
	Missing	163,113	74.6

**Usage Notes:**

Not collected on all versions of Form 37.

NOCONCEN

Trouble concentrating on things, reading

Col#146

During the last 4 weeks, how often have you been bothered by any of the following problems?  
Trouble concentrating on things, such as reading a book or watching TV

Value	Description	N	%
0	Not at all	43,399	19.9
1	Several days	10,609	4.9
2	More than half the days	1,588	0.7
	Missing	162,975	74.6

**Usage Notes:**

Not collected on all versions of Form 37.

ANNOYED

Becoming easily annoyed or irritable

Col#147

During the last 4 weeks, how often have you been bothered by any of the following problems?  
Becoming easily annoyed or irritable

Value	Description	N	%
0	Not at all	40,283	18.4
1	Several days	14,013	6.4
2	More than half the days	1,099	0.5
	Missing	163,176	74.7

**Usage Notes:**

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PANIC Having an anxiety attack -- feel fear or panic **Col#148**

During the last 4 weeks, how often have you been bothered by any of the following problems?  
Having an anxiety attack - suddenly feeling fear or panic

Value	Description	N	%
0	Not at all	51,555	23.6
1	Several days	3,610	1.7
2	More than half the days	405	0.2
	Missing	163,001	74.6

**Usage Notes:**  
Not collected on all versions of Form 37.

SPOUSDIE Did your spouse die **Col#149**

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did your spouse or partner die?

Value	Description	N	%
0	No	209,543	95.9
1	Yes and upset me: Not too much	613	0.3
2	Yes and upset me: Moderately	1,614	0.7
3	Yes and upset me: Very much	5,024	2.3
	Missing	1,777	0.8

SPOUSILL Did your spouse have a serious illness **Col#150**

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did your spouse or partner have a serious illness?

Value	Description	N	%
0	No	56,286	25.8
1	Yes and upset me: Not too much	2,397	1.1
2	Yes and upset me: Moderately	4,739	2.2
3	Yes and upset me: Very much	5,988	2.7
	Missing	149,161	68.2

**Usage Notes:**  
Not collected on all versions of Form 37.

FRIENDIE Did a close friend die **Col#151**

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Over the past year: Did a close friend or family member die or have a serious illness (other than your spouse or partner)?

Value	Description	N	%
0	No	113,871	52.1
1	Yes and upset me: Not too much	20,367	9.3
2	Yes and upset me: Moderately	44,080	20.2
3	Yes and upset me: Very much	38,378	17.6
	Missing	1,875	0.9





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## MONPROB

### Major problems with money

**Col#152**

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have any major problems with money?

Value	Description	N	%
0	No	157,903	72.2
1	Yes and upset me: Not too much	28,093	12.9
2	Yes and upset me: Moderately	20,064	9.2
3	Yes and upset me: Very much	10,891	5.0
	Missing	1,620	0.7

## DIVORCE

### Have a divorce or break-up

**Col#153**

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have a divorce or break-up with a spouse or partner?

Value	Description	N	%
0	No	210,993	96.5
1	Yes and upset me: Not too much	1,316	0.6
2	Yes and upset me: Moderately	1,645	0.8
3	Yes and upset me: Very much	2,732	1.2
	Missing	1,885	0.9

## FRNDIV

### Close friend had a divorce

**Col#154**

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a family member or close friend have a divorce or break-up?

Value	Description	N	%
0	No	184,947	84.6
1	Yes and upset me: Not too much	10,765	4.9
2	Yes and upset me: Moderately	11,994	5.5
3	Yes and upset me: Very much	9,113	4.2
	Missing	1,752	0.8

## CHILCON

### Major conflict with children

**Col#155**

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have a major conflict with children or grandchildren?

Value	Description	N	%
0	No	175,164	80.1
1	Yes and upset me: Not too much	16,669	7.6
2	Yes and upset me: Moderately	14,225	6.5
3	Yes and upset me: Very much	10,871	5.0
	Missing	1,642	0.8



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## MAJACC

### Major accident or disaster

Col#156

Below are some hard things that sometimes happen to people. Pls try to think back over the past yr to remember if any of these things happened. Over the past year: Did you have any major accidents, disasters, muggings, unwanted sexual experiences, robberies or similar events?

Value	Description	N	%
0	No	202,885	92.8
1	Yes and upset me: Not too much	3,985	1.8
2	Yes and upset me: Moderately	5,201	2.4
3	Yes and upset me: Very much	5,093	2.3
	Missing	1,407	0.6

## FRNJOB

### Close friend lost job

Col#157

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a family member or close friend lose their job or retire?

Value	Description	N	%
0	No	168,050	76.9
1	Yes and upset me: Not too much	23,665	10.8
2	Yes and upset me: Moderately	15,335	7.0
3	Yes and upset me: Very much	9,873	4.5
	Missing	1,648	0.8

## PHYAB

### You were physically abused

Col#158

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Were you physically abused by being hit, slapped, pushed, shoved, punched or threatened with a weapon by a family member or close friend?

Value	Description	N	%
0	No	214,722	98.2
1	Yes and upset me: Not too much	736	0.3
2	Yes and upset me: Moderately	647	0.3
3	Yes and upset me: Very much	1,044	0.5
	Missing	1,422	0.7

## VERBAB

### You were verbally abused

Col#159

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: . Were you verbally abused by being made fun of, severely criticized, told you were a stupid or worthless person, or threatened with harm to yourself, your possessions, or your pets, by a family member or close friend?

Value	Description	N	%
0	No	195,156	89.3
1	Yes and upset me: Not too much	8,871	4.1
2	Yes and upset me: Moderately	6,932	3.2
3	Yes and upset me: Very much	5,979	2.7
	Missing	1,633	0.7



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PETDIE

Did a pet die

Col#160

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a pet die?

Value	Description	N	%
0	No	198,219	90.7
1	Yes and upset me: Not too much	3,739	1.7
2	Yes and upset me: Moderately	6,796	3.1
3	Yes and upset me: Very much	8,029	3.7
	Missing	1,788	0.8

FELTDEP

You felt depressed

Col#161

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt depressed (blue or down)

Value	Description	N	%
0	Rarely or none of the time	158,386	72.5
1	Some or a little of the time	42,032	19.2
2	Occasionally or a moderate amount	12,366	5.7
3	Most or all of the time	3,652	1.7
	Missing	2,135	1.0

RESTSLP

Your sleep was restless

Col#162

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. Your sleep was restless

Value	Description	N	%
0	Rarely or none of the time	95,254	43.6
1	Some or a little of the time	77,173	35.3
2	Occasionally or a moderate amount	29,082	13.3
3	Most or all of the time	14,934	6.8
	Missing	2,128	1.0

ENJLIF

You enjoyed life

Col#163

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You enjoyed life

Value	Description	N	%
0	Rarely or none of the time	14,623	6.7
1	Some or a little of the time	14,615	6.7
2	Occasionally or a moderate amount	29,707	13.6
3	Most or all of the time	156,860	71.8
	Missing	2,766	1.3

CRYSPELL

You had crying spells

Col#164

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You had crying spells

Value	Description	N	%
0	Rarely or none of the time	196,985	90.1
1	Some or a little of the time	13,898	6.4
2	Occasionally or a moderate amount	4,198	1.9
3	Most or all of the time	1,236	0.6
	Missing	2,254	1.0



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## FELTSAD

You felt sad

Col#165

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt sad

Value	Description	N	%
0	Rarely or none of the time	137,946	63.1
1	Some or a little of the time	61,903	28.3
2	Occasionally or a moderate amount	12,599	5.8
3	Most or all of the time	3,768	1.7
	Missing	2,355	1.1

## PEOPDIS

You felt people disliked you

Col#166

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt that people disliked you

Value	Description	N	%
0	Rarely or none of the time	194,626	89.0
1	Some or a little of the time	17,568	8.0
2	Occasionally or a moderate amount	3,014	1.4
3	Most or all of the time	1,254	0.6
	Missing	2,109	1.0

## SAD2WK

Felt sad for two weeks

Col#167

In the past year, have you had two weeks or more during which you felt sad, blue, or depressed, or lost pleasure in things that you usually cared about or enjoyed?

Value	Description	N	%
0	No	167,898	76.8
1	Yes	48,233	22.1
	Missing	2,440	1.1

## SAD2YRS

Felt sad two or more years

Col#168

Have you had two years or more in your life when you felt depressed or sad on most days, even if you felt okay sometimes?

Value	Description	N	%
0	No	161,917	74.1
1	Yes	53,972	24.7
	Missing	2,682	1.2

## SADMUCH

Felt sad much of past year

Col#169

Have you felt depressed or sad much of the time in the past year?

Value	Description	N	%
0	No	38,474	17.6
1	Yes	15,110	6.9
	Missing	164,987	75.5

**Usage Notes:**

Sub-question of F37 V6 Q110 "Felt sad two or more years".  
Not collected on all versions of Form 37.



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## MEDSLEEP

### take medication for sleep

Col#170

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you take any kind of medication or alcohol at bedtime to help you sleep?

Value	Description	N	%
1	No, not in past 4 weeks	161,875	74.1
2	Yes, less than once a week	20,347	9.3
3	Yes 1 or 2 times a week	12,637	5.8
4	Yes, 3 or 4 times a week	6,626	3.0
5	Yes, 5 or more times a week	15,337	7.0
	Missing	1,749	0.8

## FALLSLP

### fall asleep during quiet activ

Col#171

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you fall asleep during quiet activities like reading, watching TV, or riding in a car?

Value	Description	N	%
1	No, not in past 4 weeks	54,476	24.9
2	Yes, less than once a week	49,567	22.7
3	Yes 1 or 2 times a week	56,591	25.9
4	Yes, 3 or 4 times a week	34,506	15.8
5	Yes, 5 or more times a week	21,646	9.9
	Missing	1,785	0.8

## NAP

### Did you nap during the day

Col#172

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you nap during the day?

Value	Description	N	%
1	No, not in past 4 weeks	99,793	45.7
2	Yes, less than once a week	47,786	21.9
3	Yes 1 or 2 times a week	38,256	17.5
4	Yes, 3 or 4 times a week	19,535	8.9
5	Yes, 5 or more times a week	10,950	5.0
	Missing	2,251	1.0

## TRBSLEEP

### Did you have trouble sleeping

Col#173

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you have trouble falling asleep?

Value	Description	N	%
1	No, not in past 4 weeks	123,467	56.5
2	Yes, less than once a week	40,085	18.3
3	Yes 1 or 2 times a week	29,147	13.3
4	Yes, 3 or 4 times a week	13,877	6.3
5	Yes, 5 or more times a week	9,790	4.5
	Missing	2,205	1.0



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## WAKENIGHT

Did you wake up several times

Col#174

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you wake up several times at night?

Value	Description	N	%
1	No, not in past 4 weeks	46,193	21.1
2	Yes, less than once a week	36,266	16.6
3	Yes 1 or 2 times a week	45,994	21.0
4	Yes, 3 or 4 times a week	39,286	18.0
5	Yes, 5 or more times a week	48,473	22.2
	Missing	2,359	1.1

## UPEARLY

wake up earlier than planned

Col#175

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you wake up earlier than you planned

Value	Description	N	%
1	No, not in past 4 weeks	90,086	41.2
2	Yes, less than once a week	46,113	21.1
3	Yes 1 or 2 times a week	40,975	18.7
4	Yes, 3 or 4 times a week	23,531	10.8
5	Yes, 5 or more times a week	15,837	7.2
	Missing	2,029	0.9

## BACKSLP

trouble getting back to sleep

Col#176

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you have trouble getting back to sleep after you woke up too early?

Value	Description	N	%
1	No, not in past 4 weeks	103,826	47.5
2	Yes, less than once a week	43,156	19.7
3	Yes 1 or 2 times a week	36,573	16.7
4	Yes, 3 or 4 times a week	19,627	9.0
5	Yes, 5 or more times a week	13,117	6.0
	Missing	2,272	1.0

## SNORE

Did you snore

Col#177

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you snore?

Value	Description	N	%
1	No, not in past 4 weeks	41,758	19.1
2	Yes, less than once a week	10,019	4.6
3	Yes 1 or 2 times a week	13,679	6.3
4	Yes, 3 or 4 times a week	11,379	5.2
5	Yes, 5 or more times a week	24,620	11.3
9	Don't know	115,033	52.6
	Missing	2,083	1.0



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QUALSLP

Typical night's sleep

Col#178

Overall, was your typical night's sleep during the past 4 weeks:

Value	Description	N	%
1	Very restless	5,202	2.4
2	Restless	31,164	14.3
3	Average quality	92,131	42.2
4	Sound or restful	61,645	28.2
5	Very sound or restful	26,894	12.3
	Missing	1,535	0.7

HRSSLP

How many hours of sleep

Col#179

About how many hours of sleep did you get on a typical night during the past 4 weeks?

Value	Description	N	%
1	5 or less hours	19,403	8.9
2	6 hours	59,658	27.3
3	7 hours	79,564	36.4
4	8 hours	48,338	22.1
5	9 hours	9,047	4.1
6	10 or more hours	1,253	0.6
	Missing	1,308	0.6

INCONT

Ever leaked urine

Col#180

Have you ever leaked even a very small amount of urine involuntarily and you couldn't control it?

Value	Description	N	%
0	No	57,454	26.3
1	Yes	159,806	73.1
	Missing	1,311	0.6

FRQINCON

How often leaked urine

Col#181

How often does this leaking urine occur? (Mark one oval.)

Value	Description	N	%
1	Not once during past year	13,495	6.2
2	Less than once a month	47,764	21.9
3	More than once a month	39,104	17.9
4	One or more times a week	41,044	18.8
5	Daily	23,346	10.7
	Missing	53,818	24.6

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.



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NOINCON

No longer leak urine

Col#182

When do you usually leak urine? (Mark all that apply.) No longer leak urine

Value	Description	N	%
0	No	147,292	67.4
1	Yes	10,317	4.7
	Missing	60,962	27.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

CGHINCON

Leak urine when cough, laugh

Col#183

When do you usually leak urine? (Mark all that apply.) When I cough, laugh, sneeze, lift, stand up.  
Or exercise

Value	Description	N	%
0	No	69,529	31.8
1	Yes	88,080	40.3
	Missing	60,962	27.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

TOINCON

Leak when can't get to toilet

Col#184

When do you usually leak urine? (Mark all that apply.) When I feel the need to urinate and can't  
get to a toilet fast enough

Value	Description	N	%
0	No	73,233	33.5
1	Yes	84,376	38.6
	Missing	60,962	27.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

SLPINCON

Leak when I am sleeping

Col#185

When do you usually leak urine? (Mark all that apply.) When I sleep

Value	Description	N	%
0	No	152,866	69.9
1	Yes	4,743	2.2
	Missing	60,962	27.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
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OTHINCON

When leak urine, Other

Col#186

When do you usually leak urine? (Mark all that apply.) Other

Value	Description	N	%
0	No	152,712	69.9
1	Yes	4,897	2.2
	Missing	60,962	27.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

LEAKAMT

How much urine do you lose

Col#187

How much urine do you usually lose when it leaks? (Mark one oval.)

Value	Description	N	%
1	None	1,968	0.9
2	Barely noticeable on underpants	117,357	53.7
3	Soaked underpants	28,940	13.2
4	Soaked through to outer clothing	4,675	2.1
	Missing	65,631	30.0

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

NOPRTCT

Leak Protect/No protection

Col#188

What protection do you wear in case you leak urine? (Mark all that apply.) None

Value	Description	N	%
0	No	69,505	31.8
1	Yes	83,727	38.3
	Missing	65,339	29.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

MINIPAD

Leak Protect/Mini-pad, tissue

Col#189

What protection do you wear in case you leak urine? (Mark all that apply.) Mini-pad, tissue or towel

Value	Description	N	%
0	No	101,866	46.6
1	Yes	51,366	23.5
	Missing	65,339	29.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
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## MENSPAD

### Leak Protection/Menstrual pad

**Col#190**

What protection do you wear in case you leak urine? (Mark all that apply.) Menstrual pad or shield

Value	Description	N	%
0	No	137,655	63.0
1	Yes	15,577	7.1
	Missing	65,339	29.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

## DIAPER

### Leak protect/Diaper, Attends

**Col#191**

What protection do you wear in case you leak urine? (Mark all that apply.) Diaper, towel, Attends, Depends

Value	Description	N	%
0	No	147,283	67.4
1	Yes	5,949	2.7
	Missing	65,339	29.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

## OTHPRTCT

### Leaking urine protection, Other

**Col#192**

What protection do you wear in case you leak urine? (Mark all that apply.) Other

Value	Description	N	%
0	No	151,011	69.1
1	Yes	2,221	1.0
	Missing	65,339	29.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

## INCONLMT

### leak limit activities

**Col#193**

How often does the leakage of urine limit your daily activities? (Mark one oval.)

Value	Description	N	%
1	Never	116,575	53.3
2	Almost never	26,058	11.9
3	Sometimes	8,231	3.8
4	Fairly often	1,784	0.8
5	Very often	690	0.3
	Missing	65,233	29.8

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.



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**Population**  
CT+OS

**Data Collected**  
Baseline, Main

**1 row per**  
Form

**Rows**  
218,571

**File Created**  
Aug 29, 2012

## INCONDIS

### How much does leakage bother

Col#194

How much does the leakage of urine bother or disturb you? (Mark one oval.)

Value	Description	N	%
1	Not at all disturbing	37,620	17.2
2	A little disturbing	70,744	32.4
3	Somewhat disturbing	27,595	12.6
4	Very disturbing	12,625	5.8
5	Extremely disturbing	4,628	2.1
	Missing	65,359	29.9

**Usage Notes:**

Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).  
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

## MARRIED

### Currently married or intimate

Col#195

Are you currently married or in an intimate relationship with at least one person?

Value	Description	N	%
0	No	77,227	35.3
1	Yes	139,127	63.7
	Missing	2,217	1.0

## SEXACTIV

### Sexual activity in last year

Col#196

Did you have any sexual activity with a partner in the last year?

Value	Description	N	%
0	No	103,683	47.4
1	Yes	103,428	47.3
9	Don't want to answer	9,163	4.2
	Missing	2,297	1.1

## SATSEX

### How satisfied sexually

Col#197

How satisfied are you with your current sexual activities, either with a partner or alone? (Mark one oval.)

Value	Description	N	%
1	Very unsatisfied	25,544	11.7
2	A little unsatisfied	29,170	13.3
3	Somewhat satisfied	48,668	22.3
4	Very satisfied	69,777	31.9
9	Don't want to answer	38,446	17.6
	Missing	6,966	3.2

## SATFRQSX

### Satisfied with sex frequency

Col#198

Are you satisfied with the frequency of your sexual activity, or would you like to have sex more or less often? (Mark one oval.)

Value	Description	N	%
1	Less often	8,002	3.7
2	Satisfied with current frequency	98,673	45.1
3	More often	54,134	24.8
9	Don't want to answer	49,217	22.5
	Missing	8,545	3.9

## SEXWORRY

### Sexual activity affect healh

Col#199



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Are you worried that sexual activities will affect your health?

Value	Description	N	%
1	Not at all worried	181,299	82.9
2	A little worried	6,638	3.0
3	Somewhat worried	3,529	1.6
4	Very worried	1,829	0.8
9	Don't want to answer	19,489	8.9
	Missing	5,787	2.6

SEX Who you have had sex with Col#200

Regardless of whether you are currently sexually active, which response best describes who you have had sex with over your adult lifetime?

Value	Description	N	%
1	Have never had sex	3,149	1.4
2	Sex with a woman or with women	558	0.3
3	Sex with a man or with men	200,075	91.5
4	Sex with both men and women	2,167	1.0
9	Prefer not to answer	8,060	3.7
	Missing	4,562	2.1

SEX45 Description of adult sexual orientation Col#201

Which response best describes who you have had sex with after 45 years of age?

Value	Description	N	%
0	Never had sex	1,752	0.8
1	Sex with a women or with women	719	0.3
2	Sex with a man or with men	28,583	13.1
3	Sex with both men and women	448	0.2
	Missing	187,069	85.6

**Usage Notes:**

Sub-question of F37 V6 Q133 "Who you have had sex with" (skip pattern rule not applied).  
Not collected on all versions of Form 37.

ACTDLY Activities of Daily Living Construct Col#202

Computed from Forms 36/37, questions 85-88. Source: WHI BAC. Four items describing basic activities (whether can eat, dress, get in and out of bed, and take a bath) each of which has three possible values (1=without help, 2=some help, 3=completely unable) are summed. A lower score indicates greater ability to cope with daily living activities. Missing if any of the four items are missing.

N	Missing	Min	Max	Mean	Std Dev
205,376	13,195	4	12	4.041	0.333

AMBEMOT Ambivalence over Emotional Expressiveness Col#203

Computed from Form 36/37, questions 30, 31 and 32. Reference: King L, Emmons R (1990). Average of three components coded from 1=strongly disagree to 5=strongly agree. The summary score ranges from 1 to 5 where a higher score indicates greater ambivalence in expressing negative emotions. Missing if any of the three components is missing.

N	Missing	Min	Max	Mean	Std Dev
216,159	2,412	1	5	2.976	0.716

CAREGIV1 Care Giving Construct #1 (0,1 scoring) Col#204

Computed from Form 36/37, question 15. Source: Cardiovascular Health Study. CAREGIV1 is an indicator of whether the participant is currently helping a sick, limited or frail family member on a regular basis. (See also CAREGIV2.)



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Value	Description	N	%
0	No	130,349	59.6
1	Yes	86,166	39.4
	Missing	2,056	0.9

**CAREGIV2**      **Care Giving Construct #2 (0-5+ scoring)**      **Col#205**

Computed from Form 36/37, question 15 and 15.1. Source: Cardiovascular Health Study. CAREGIV2 combines questions 15 and 15.1 to give the number of times per week a participant currently helps a friend or family member. (See also CAREGIV1. )

Value	Description	N	%
0	No	130,349	59.6
1	Less than once a week	19,646	9.0
2	1-2 times a week	32,386	14.8
3	3-4 times a week	12,154	5.6
4	5 or more times a week	21,693	9.9
	Missing	2,343	1.1

**EMOLIMIT**      **Role Limitations Due to Emotional Problems**      **Col#206**

Computed from Form 36/37, questions 68, 69, and 70. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on role limitations due to emotional problems. EMOLIMIT ranges from 0 to 100 with a higher score indicating a more favorable health state.

N	Missing	Min	Max	Mean	Std Dev
215,981	2,590	0	100	82.912	30.554

**EMOWELL**      **Emotional Well-being**      **Col#207**

Computed from Form 36/37, questions 77, 78, 79, 81, and 83. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on emotional well-being. EMOWELL ranges from 0 to 100 with a higher score indicating a more favorable health state.

N	Missing	Min	Max	Mean	Std Dev
214,848	3,723	0	100	79.025	14.535

**ENERFAT**      **Energy/Fatigue**      **Col#208**

Computed from Form 36/37, questions 76, 80, 82, and 84. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on energy/fatigue. ENERFAT ranges from 0 to 100 with a higher score indicating a more favorable health state.

N	Missing	Min	Max	Mean	Std Dev
215,061	3,510	0	100	62.581	19.567

**HOSTIL**      **Hostility Construct**      **Col#209**

Computed from Form 36/37, questions 33-45. Source: Cynicism Subscale of Cooke-Medley Questionnaire. Sum of thirteen True/False items resulting in a possible range from 0 to 13 where a higher score indicates greater hostility. Missing if any of the thirteen items are missing.

N	Missing	Min	Max	Mean	Std Dev
208,377	10,194	0	13	3.647	2.828

**GENHLTH**      **General Health Construct**      **Col#210**

Computed from Form 36/37, questions 49, 71, 72, 73, and 74. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on general health. GENHLTH ranges from 0 to 100 with a higher score indicating a more favorable health state.

N	Missing	Min	Max	Mean	Std Dev
214,965	3,606	0	100	72.917	18.128



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**LFEVENT1** Life Event Construct #1 (0,1 scoring) **Col#211**

Computed from Form 36/37, questions 91, and 93-102. Source: WHI BAC; based on measures used in the Alameda County Study and BHAT. The eleven items are recoded, setting original responses from 1-3 equal to 1, and then summed. The construct has a range from 0 to 11 with a higher score indicating a greater number of life events. Missing if any of the eleven items are missing.

N	Missing	Min	Max	Mean	Std Dev
212,705	5,866	0	11	1.627	1.414

**LFEVENT2** Life Event Construct #2 (0-3 scoring) **Col#212**

Computed from Form 36/37, question questions 91, and 93-102. Source: WHI BAC; based on measures used in the Alameda County Study and BHAT. This construct is a sum of the eleven items that are coded from 0-3 resulting in a range from 0 to 33 with a higher score indicating a greater number of life events. If any of the eleven items are missing, LFEVENT2 is set to missing.

N	Missing	Min	Max	Mean	Std Dev
212,705	5,866	0	33	3.198	3.150

**LIVALOR** Living Alone **Col#213**

Computed from Form 36/37, questions 10.1-10.7. Indicator of whether the participant lives alone.

Value	Description	N	%
0	No	158,480	72.5
1	Yes	58,344	26.7
	Missing	1,747	0.8

**NEGEMOT** Negative Emotional Expressiveness (NEE) **Col#214**

Computed from Form 36/37, questions 26-29. Reference: King L, Emmons R (1990). Average of four components coded from 1=strongly disagree to 5=strongly agree. The summary score ranges from 1 to 5 where a higher score indicates greater ambivalence in expressing negative emotions. Missing if any of the four components is missing.

N	Missing	Min	Max	Mean	Std Dev
215,604	2,967	1	5	2.802	0.613

**OPTIMISM** Optimism Construct **Col#215**

Computed from Form 36/37, questions 20-25. Source: Life Orientation Test-Revised (LOT-R). Sum of six components coded from 1=strongly disagree to 5=strongly agree. Questions 21, 23 and 24 are reverse coded before summing. The summary score ranges from 6 to 30 where a higher score indicates greater optimism. Missing if any of the six components is missing.

N	Missing	Min	Max	Mean	Std Dev
212,108	6,463	6	30	23.306	3.421

**PAIN** Pain Construct **Col#216**

Computed from Form 36/37, questions 62 and 63. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on pain. PAIN ranges from 0 to 100 with a higher score indicating a more favorable health state.

N	Missing	Min	Max	Mean	Std Dev
216,933	1,638	0	100	72.678	24.200

**PHYLIMIT** Role Limitations Due to Physical Health **Col#217**

Computed from Form 36/37, questions 64-67. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on role limitations due to physical health. PHYLIMIT ranges from 0 to 100 with a higher score indicating a more favorable health state.



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<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>
215,733	2,838	0	100	70.553	37.210

**PHYSFUN**      **Physical Functioning Construct**      **Col#218**

Computed from Form 36/37, questions 51-60. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on physical functioning. PHYSFUN ranges from 0 to 100 with a higher score indicating a more favorable health state.

<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>
212,978	5,593	0	100	78.662	21.780

**PSHTDEP**      **Shortened CES-D/DIS Screening Instrument**      **Col#219**

Computed from Form 36/37, questions 103-108, 109, and 110. Source: Center for Epidemiological Studies; depression scale (CES-D, short form). PSHTDEP ranges from 0 to 1 with a higher score indicating a greater likelihood of depression. Cutoff values of .06 and .009 have been used to indicate depression.

<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>
211,424	7,147	0.00028	0.95938	0.040	0.127

**SLPDSTRB**      **Sleep Disturbance Construct**      **Col#220**

Computed from Form 36/37, questions 114-117 and 119. Sum of five components. Questions 114-117 range from 1-5 and are recoded to a 0-4 scale. Question 119 is recoded and reverse coded resulting in a range from 0-4 before summing. The summary score ranges from 0 to 20 where a higher score indicates greater sleep disturbance. Missing if any of the five components is missing.

<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>
213,077	5,494	0	20	6.782	4.533

**SOCFUNC**      **Social Functioning**      **Col#221**

Computed from Form 36/37, questions 61 and 75. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on social functioning. SOCFUNC ranges from 0 to 100 with a higher score indicating a more favorable health state.

<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>
216,214	2,357	0	100	88.595	19.153

**SOCSTRN**      **Social Strain Construct**      **Col#222**

Computed from Form 36/37, questions 16-19. Source: Antonucci TA, Kahn RC, Akiyama H (1989). Scale measuring negative aspects of social relations. Sum of four components coded from 1=none to 5=all. The summary score ranges from 4 to 20 where a higher score indicates more social strain. Missing if any of the four components is missing.

<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>
212,810	5,761	4	20	6.504	2.525

**SOCSUPP**      **Social Support Construct**      **Col#223**

Computed from Form 36/37, questions 1-9. Source: Medical Outcomes Study. Sum of nine components coded from 1=none of the time to 5=all of the time. The summary score ranges from 9 to 45 where a higher score indicates more social support. Missing if any of the nine components is missing.

<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>
211,330	7,241	9	45	36.203	7.713

**SYMPTOM**      **Symptom Construct**      **Col#224**



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Computed from Form 36/37, questions 89.1-89.34. Source: PEPI, national and other surveys. Average of 34 items measuring occurrence and severity of symptoms. The summary score ranges from 0 to 3 where a higher score indicates more numerous and/or more severe symptoms. Missing if any of the 34 items is missing.

<b>N</b>	<b>Missing</b>	<b>Min</b>	<b>Max</b>	<b>Mean</b>	<b>Std Dev</b>
197,640	20,931	0	2.76471	0.443	0.275

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